

Walk the Walk



ENTRY FORM

Personal Details

All Walkers must complete this form and sign the declaration below. For Walkers under 16 years of age, the form must be signed by a parent or other authorised adult.

Surname.....

First Name.....

Address.....

.....

Postcode.....

Male/Female.....

Age.....

Tel.

Emergency Tel.



Declaration

I confirm that I have read and understand the conditions for entry to the Walks detailed above and overleaf and that I undertake the Walks entirely at my own risk. I also confirm that any pre-existing medical condition does not stop me from participating and that I have sought medical advice where appropriate.

Signature..... Date.....

NB * Where the walker is under 16*

In the space below, PRINT the name of the walker and details of the person signing the declaration

Name of Walker

Person Signing the declaration.....

Please return completed form to:

Mr Ian Scott,
Meadowbank,
Annandale Avenue,
Lockerbie
DG11 2EE

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